

# Rolling Hills Derby Dames

## RELEASE OF LIABILITY, WAIVER OF LEGAL RIGHTS AND ASSUMPTION OF RISK

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In consideration of being allowed to participate in **roller derby** activities sponsored by **the Rolling Hills Derby Dames**, I hereby understand and agree to this release of liability, waiver of legal rights, and assumption of risk and to the terms hereof as follows:

**1.** I acknowledge that **roller derby** is an action sport and recreational activity and such activity is subject to mishap and even injury to participants, including the potential for permanent paralysis and death. I understand and acknowledge that **roller derby** activities have inherent dangers that no amount of care, caution, instruction or expertise can eliminate and I EXPRESSLY AND VOLUNTARILY ASSUME ALL RISK OF DEATH OR PERSONAL INJURY SUSTAINED WHILE PARTICIPATING IN **roller derby** ACTIVITIES WHETHER OR NOT CAUSED BY THE NEGLIGENCE OF THE RELEASED PARTIES.

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**2.** I take full responsibility for, RELEASE AND HOLD HARMLESS **Rolling Hills Derby Dames**, their owners, officers, elected officials, agents and rental landlords from any and all liability, claims, demands or causes of action that I may hereafter have for injuries or damages arising out of my participation in **roller derby** activities, included, but not limited to, losses CAUSED BY THE NEGLIGENCE OF THE RELEASED PARTIES.

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**3.** I further agree that I WILL NOT SUE OR MAKE CLAIM against the Released parties for damages or other losses sustained as a result of any injury, or death, sustained from my participation in **roller derby** activities. I also agree to INDEMNIFY AND HOLD THE RELEASED PARTIES HARMLESS from all claims, judgments and costs including attorney's fees, incurred in connection with any action brought as a result of participation in **roller derby** activities by any of the undersigned.

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**4.** I hereby expressly recognize that this Release of Liability, Waiver of Legal Rights, and Assumption of Risk is a contract pursuant to which I have released any and all claims against the Released Parties resulting from any injury, or death, sustained from participation in **roller derby** activities including any claims for negligence of the Released Parties.

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**5.** I further represent that I am at least 18 years of age, I waive and release any and all legal rights that may accrue to me as the result of any injury I may suffer while engaging **roller derby** activities.

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I HAVE READ THIS RELEASE OF LIABILITY, WAIVER OF LEGAL RIGHTS AND ASSUMPTION OF RISK AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT OF MY OWN FREE WILL.

On this the day, \_\_\_\_\_ of \_\_\_\_\_ 20 \_\_\_\_\_

Signature of Adult Participant:  \_\_\_\_\_

Name of Adult Participant:  \_\_\_\_\_  
**(Please Print)**